

You won't be able to hug all your friends, but you can use words or expressions on your face, or you can try making signs with your hands!



Smiling.



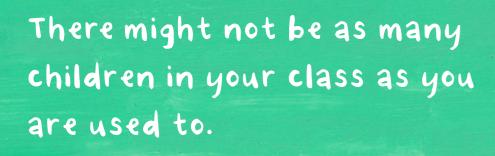
Waving.



Thumbs up.



Self hug.





Try things like this instead ...



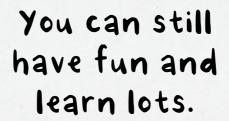
Hands up.



clapping.



Heart-shaped hands.











Some Things to Practice

Try not to touch your face, nose, eyes or mouth.



Normally it's good to share, but for now you shouldn't share food, drinks, toys, pens or books.

Always cough into your elbow, or into a tissue and then throw it into the bin.

Keep washing your hands.



Sing 'Happy Birthday' ~ twice. All these things will help to keep us safe at school.









Dr.Dog

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